





SCALE | 1:25 000

trail description PR1

Next you will come to 'Porta do Lobo' or 'porta de Serra d'Arga' (gate) a passage through which wolves would pass. Admire the beautiful views of the plateau, where it is still possible to see garranos (portuguese horses breed) grazing. The furrows made by the passage of thousands of oxcarts are still visible in the granite outcrops. From here, head towards "Senhora do Minho", the highest elevation point in the region of Viana do Castelo. Here you may visit a small cave with a stone statue of Our Lady wearing what appears to be a Minhoto costume (traditional folk costume) and contemplate the views over the regions of Paredes de Coura, Ponte de Lima and Viana do Castelo, the Lima river valley as well as the Atlantic ocean. Descending towards Montaria, you will come to a unique location that was moulded by nature and which the local folks of Montaria call "Porta da Vila (translated as the town gate). This is an odd stone (granite) formation which received this name as it resembles a door. You will also walk by an old house in the middle of the mountain.

