



CÂMARA MUNICIPAL
VIANA DO CASTELO

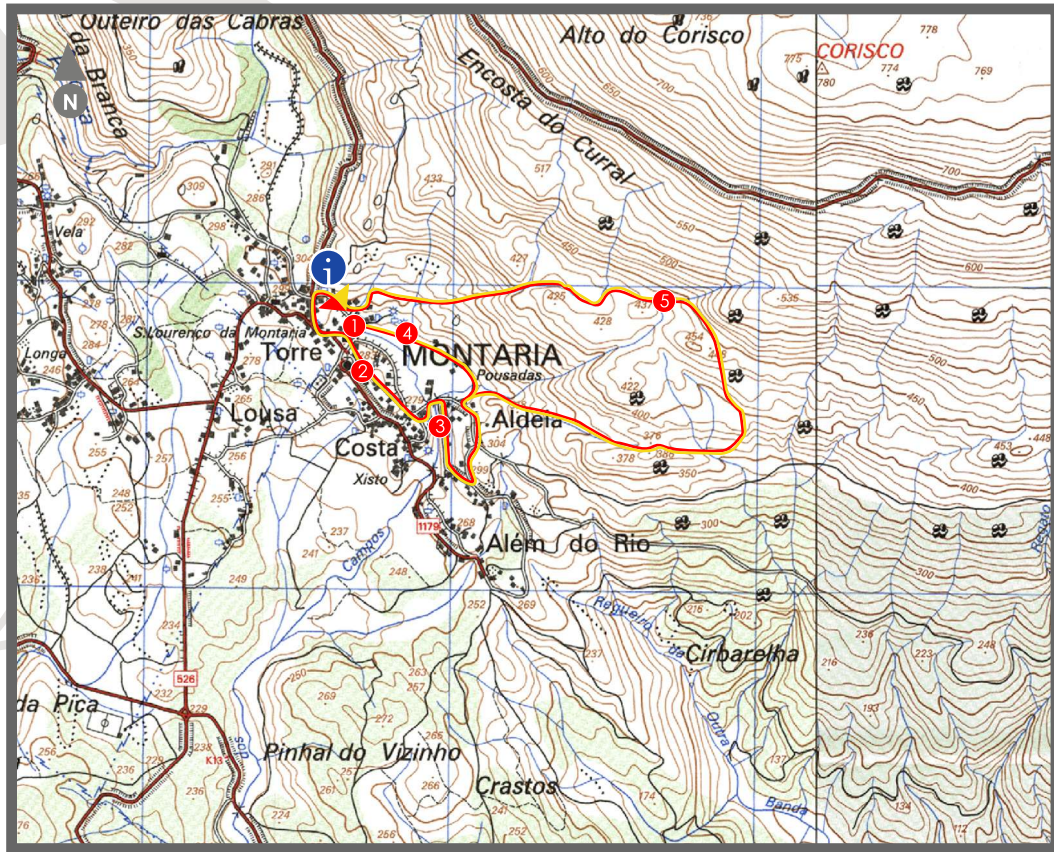
USEFUL CONTACTS

Viana do Castelo City Council > 258 809 300
Viana Welcome Centre > 258 098 415
Hospital > 258 802 100
Fire Department > 963 442 205 / 258 840 400
Volunteer Fire Department > 258 800 840
GNR (Portuguese National Guard) > 258 840 470
PSP (City Police Department) > 258 809 880
SOS – Emergency Services > 112
Emergency number for Forest Fires > 117

MAP OF VIANA DO CASTELO



TRAIL MAP IN KM



SCALE | 1:25 000

INFORMATION PR3

Name of Trail
Wolf Pit Trail

Sponsoring Organization
Montaria Parish Council

Trail System
Average Trail

Location
Montaria

Distance
4,3 km

Initial Level
274m

Maximum Level Reached
450m

Minimum Level Reached
274m

Time
1h30m | 1 hour e 30 minutes

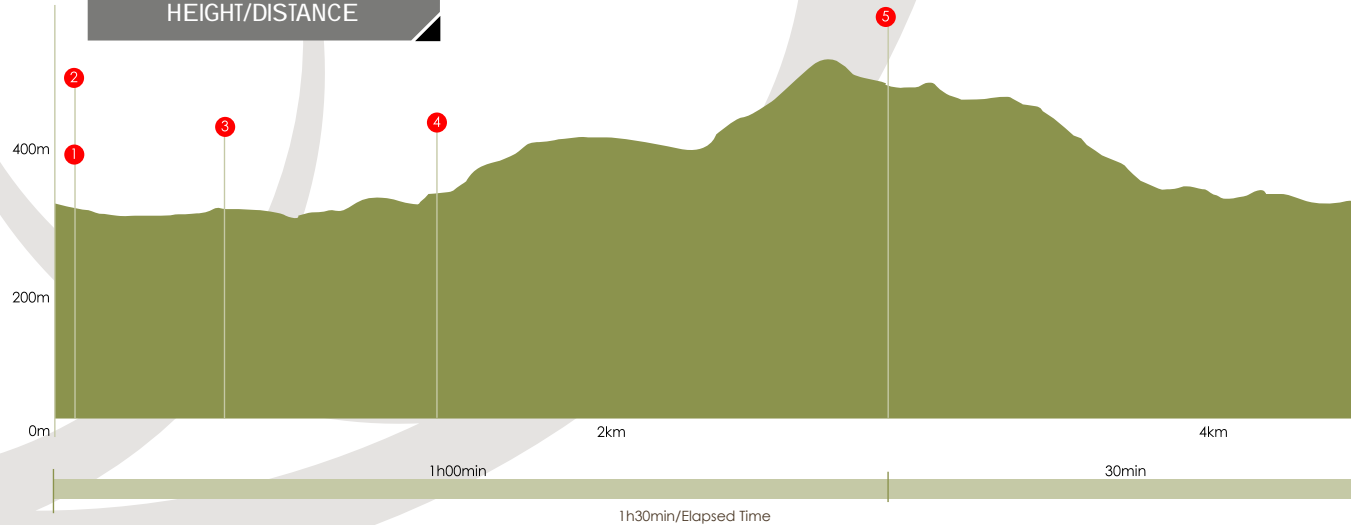
Difficulty
Easy

Trail Type/Character
Landscape/Ecological/Cultural

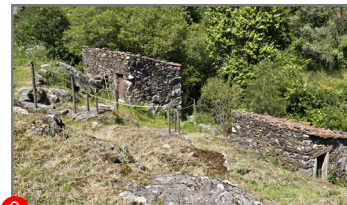
Start Point
Largo do Souto Montaria

Latitude: 41° 47' 28,17" N
Longitude: 8° 43' 43,22" W

PROFILE GRAPH HEIGHT/DISTANCE



- Start Point/ End Point
- 1 Serra d'Arga Town Gate
 - 2 Montaria Parish Church and Calvary
 - 3 Costa Mills
 - 4 Lavadouro Mills
 - 5 Wolf Pit



RESPONSIBILITIES

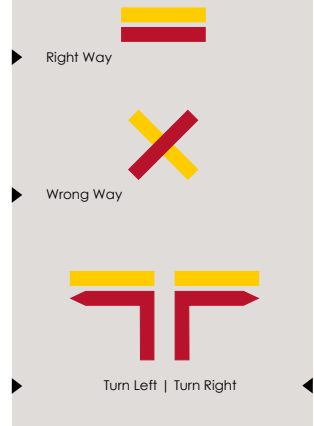
"The recommended walking trails do not exempt their users or those who promote them from taking the responsibility for any possible damage to property or personal injury which may occur when using the trails."



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TRAIL MARK



TRAIL RULES

>Stay on the trail at all times – Pay attention and obey trail signs and markings.
>Avoid making loud noises.
>Respect Private Property.
>Do not litter. Take all litter with you and place in rubbish bins.
>Be careful with livestock. Do not disturb animals.
>Preserve nature. Do not pick flowers, collect rocks or catch animals.
>Avoid walking alone in the mountains.
>Be careful when foggy.
>Always use appropriate gear and clothing – hiking boots, a raincoat and a hat.
>Do not make fire at any time.
>Help preserve the trail.



SCALE | 1:5 000

This is a circular trail which starts off at the centre of Montaria, next to the Porta do Sítio da Serra d'Arga (Interpretation Centre). Head towards Montaria Parish Church – a Mannerist church with certain Baroque style features. There are several beautiful miniature nativity scenes to be admired inside the church. After passing the Montaria Calvary sculptures you will come to the famous “Costa and Lavadouro” water mills. These are still in use today and are shared by various families. The pathways and water channels that were built to use these mills, all confer a very picturesque setting to the local scenery. The trail continues on a shepherd's path – you will come to “Fojo do Lobo”, a wolf pit. This is a typical construction with converging walls, once used to exterminate wolves. This ancient practice involved the entire village as well as nearby villages. Everyone took part in the hunt. Next, descend and return to the trail which will lead you back to Montaria, the end of the trail.

