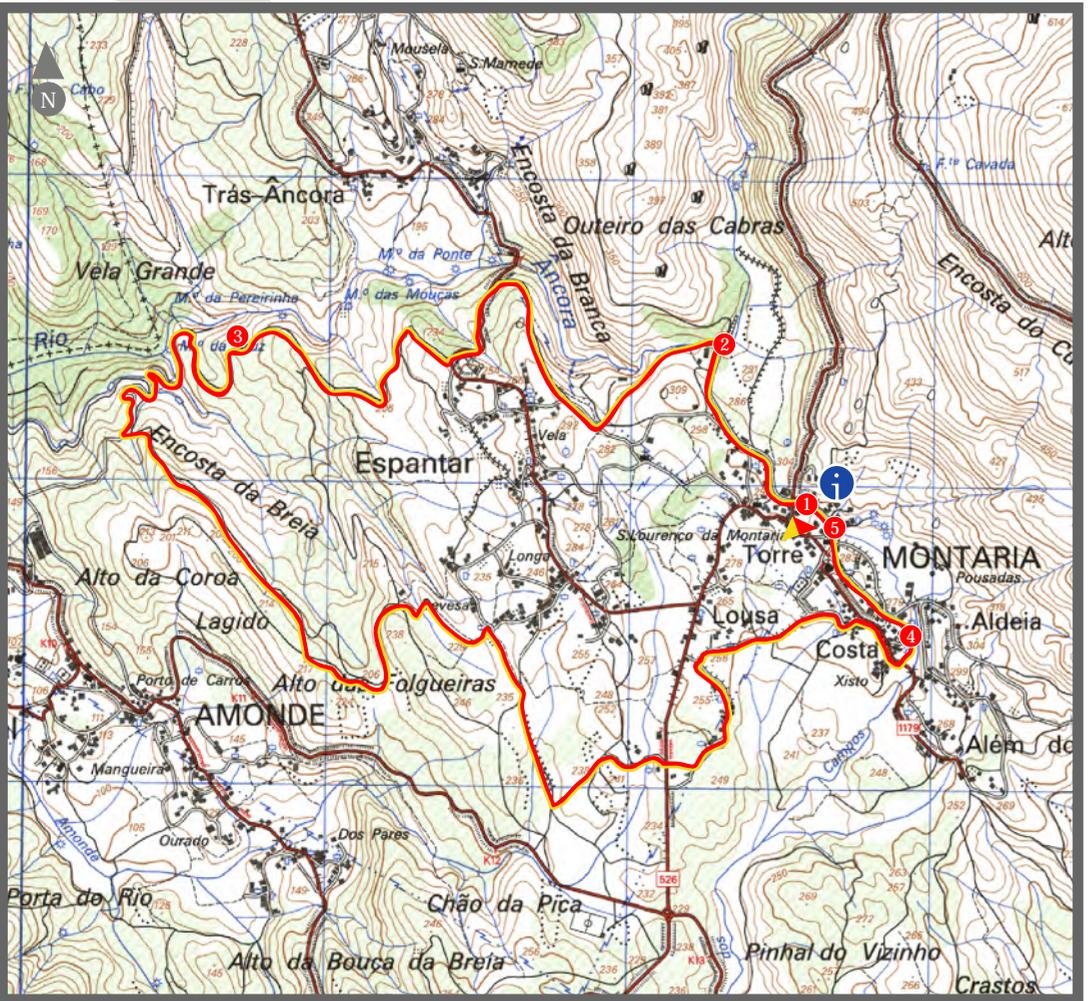


MAP OF VIANA DO CASTELO

trail Map in km



useful contacts

Viana do Castelo City Council > 258 809 300  
 Viana Welcome Centre > 258 098 415  
 Hospital > 258 802 100  
 Fire Department > 963 442 205 / 258 840 400  
 Volunteer Fire Department > 258 800 840  
 GNR (Portuguese National Guard) > 258 840 470  
 PSP (City Police Department) > 258 809 880  
 SOS - Emergency Services > 112  
 Emergency number for Forest Fires > 117

information PR5

**Name of Trail**  
Pincho Trail

**Sponsoring Organization**  
Montaria Parish Council

**Trail System**  
Average Trail

**Location**  
Montaria

**Distance**  
9,7 km

**Initial Level**  
274m

**Maximum Level Reached**  
290m

**Minimum Level Reached**  
100m

**Time**  
2h40m | 2 hours e 40 minutes

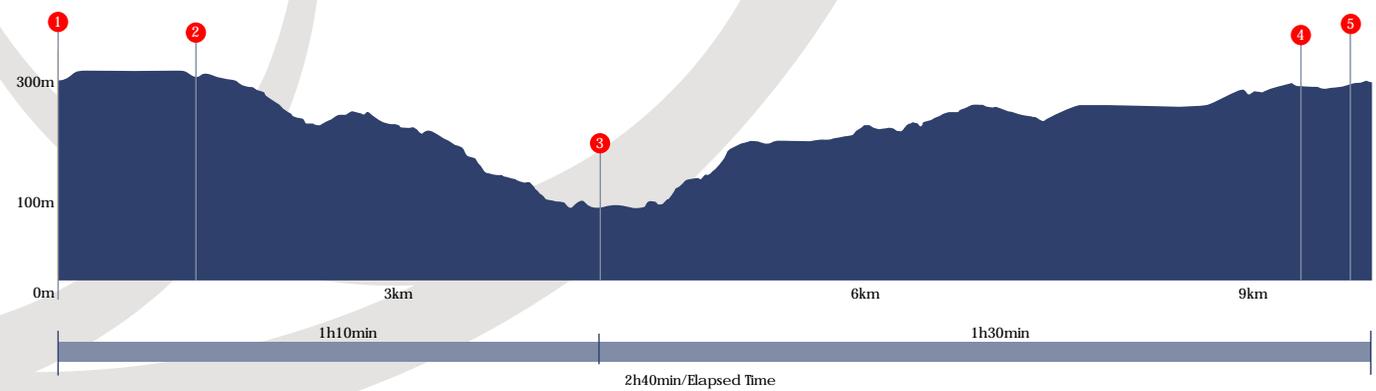
**Difficulty**  
Easy

**Trail Type/Character**  
Landscape/Ecological/Cultural

**Start Point**  
Largo do Souto, Montaria

Latitude: 41° 47' 28.17" N  
 Longitude: 08° 43' 43.22" W

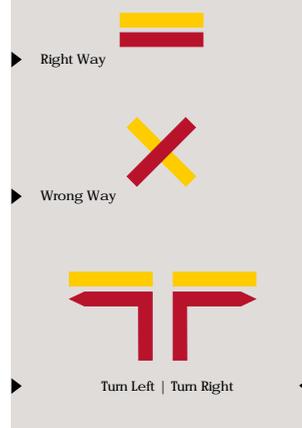
profile graph height/distance



- Start Point/End Point
- 1 Serra d' Arga Town Gate
- 2 Former tree Nursery
- 3 Pincho Waterfall
- 4 Costa Mills
- 5 Montaria Parish Church and Calvary



trail mark



trail rules

- >Stay on the trail at all times - Pay attention and obey trail signs and markings.
- >Avoid making loud noises.
- >Respect Private Property.
- >Do not litter. Take all litter with you and place in rubbish bins.
- >Be careful with livestock. Do not disturb animals.
- >Preserve nature. Do not pick flowers, collect rocks or catch animals.
- >Avoid walking alone in the mountains.
- >Be careful when foggy.
- >Always use appropriate gear and clothing - hiking boots, a raincoat and a hat.
- >Do not make fire at any time.
- >Help preserve the trail.

responsibilities

"The recommended walking trails do not exempt their users or those who promote them from taking the responsibility for any possible damage to property or personal injury which may occur when using the trails."



RMPP - rede municipal de percursos pedestres



Logos for GARÇA MUNICIPAL VIANA DO CASTELO, UK flag, PR, and montaria trails Pincho trail.

www.cm-viana-castelo.pt



This is a circular trail that starts off at the centre of Montaria, next to the Porta do Sítio da Serra d'Arga (Interpretation Centre). The centre provides detailed information on the municipal network of trails as well as other information about the region for tourists.

The beginning of this trail is the same as the Pilgrim Trail as it heads towards S. João d'Arga. Hikers will come to the former tree nursery. There is a pleasant tree covered area with a picnic park next to the Ancora river. The source of this river is right in the middle of Serra d'Arga and there are several locations with waterfalls and lagoons that must be visited. The area boasts a vast diversity of flora and fauna, making it a place of unique beauty, part of the Natura 2000 network. Following the river bank towards Espantar, where you may visit the old watermills, some of which have been restored. Then follow the path through farming fields until you find the path that will lead you to the Pincho waterfall. The ideal place for those who seek peace and tranquility, with a hint of adventure. Continue on the farming pathways - there will be farming fields and wooded areas on both sides - until you reach the cluster of houses - the centre of Montaria. Continue until the Costa mills and a bit further ahead Hikers will be able to see the parish church and the Calvary sculptures leading to the end of the trail.

We will follow until the "Moinhos da Costa" (Mills), where we will see a little further the Parochial Church and Council Colriory to finally come back to its center.

