

turn left | turn right

responsibilities

"The recommended walking trails do not exempt their users or those who promote them from taking the responsibility for any possible damage to property or personal injury which may occur when using the trails."

trail rules

>Stay on the trail at all times – Pay attention and obey trail signs and markings.

>Avoid making loud noises.

>Respect Private Property.

>Do not litter. Take all litter with you and place in rubbish bins.

>Be careful with livestock. Do not disturb animals.

>Preserve nature. Do not pick flowers, collect rocks or catch animals.

>Avoid walking alone in the mountains.

>Be careful when foggy.

>Always use appropriate gear and clothing - hiking boats, a raincoat and

>Do not make fire at any time.

>Help preserve the trail.





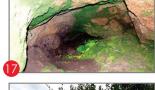






















Neves Square

2 House of Torre das Neves

3 Calvário of Arques Senhora do Carmo Estate

6 Aqueduct

Bonfim Estate

House of Espina Velasco Facade

8 Mount Estate Bouça D´ Arques Estate

Portela Estate Geodesic Marking

Walls of Castro de Roques

(B) Castrejo Bath

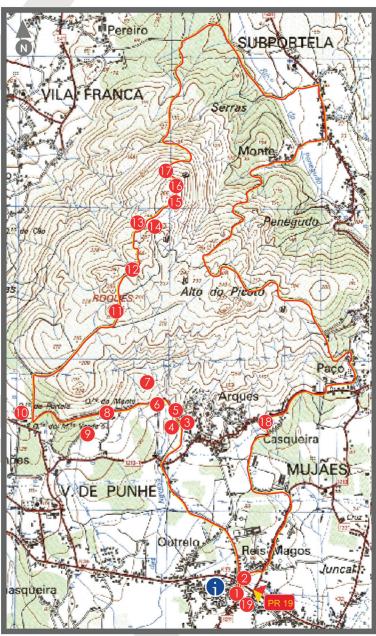
Circular House (Castro de Roques)

15 Acropolis of Castro de Roques 16 Footprint of Santinho

₱ Boca da Serpe

18 Picnic area of Casqueira

19 Table of the 3 Abbots

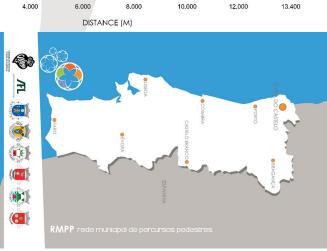


SCALE | 1:25 000

profile graph / hight/ distance 250 (W) 200 150 100 50 2.000 4.000 13.400







information PR19

Name of Trail PR 19/ Castro de Roques Trail

Sponsoring Organization

Trail System Average Trail

Location Mujães, Vila Franca, Vila de Punhe and Subportela

Distance

Initial Leval

Maxium Leval Reached

Minimum Leval Reached

Time 4h00m

Difficulty

Trail Type/Character Feological/ Cultural

Start Point/End Point
Start Point/End Point
Start Point/End Point

Latitude: 41°39′ 09.43″ N Longitude: 08° 43′ 11.09″W

useful contacts

Viana do Castelo City Council > 258 809 300 Viana Welcome Centre > 258098415 Hospital > 258 802 100 Fire Department > 963 442 205 / 258 840 400 FIRE Department > 963 442 205 / 258 840 400

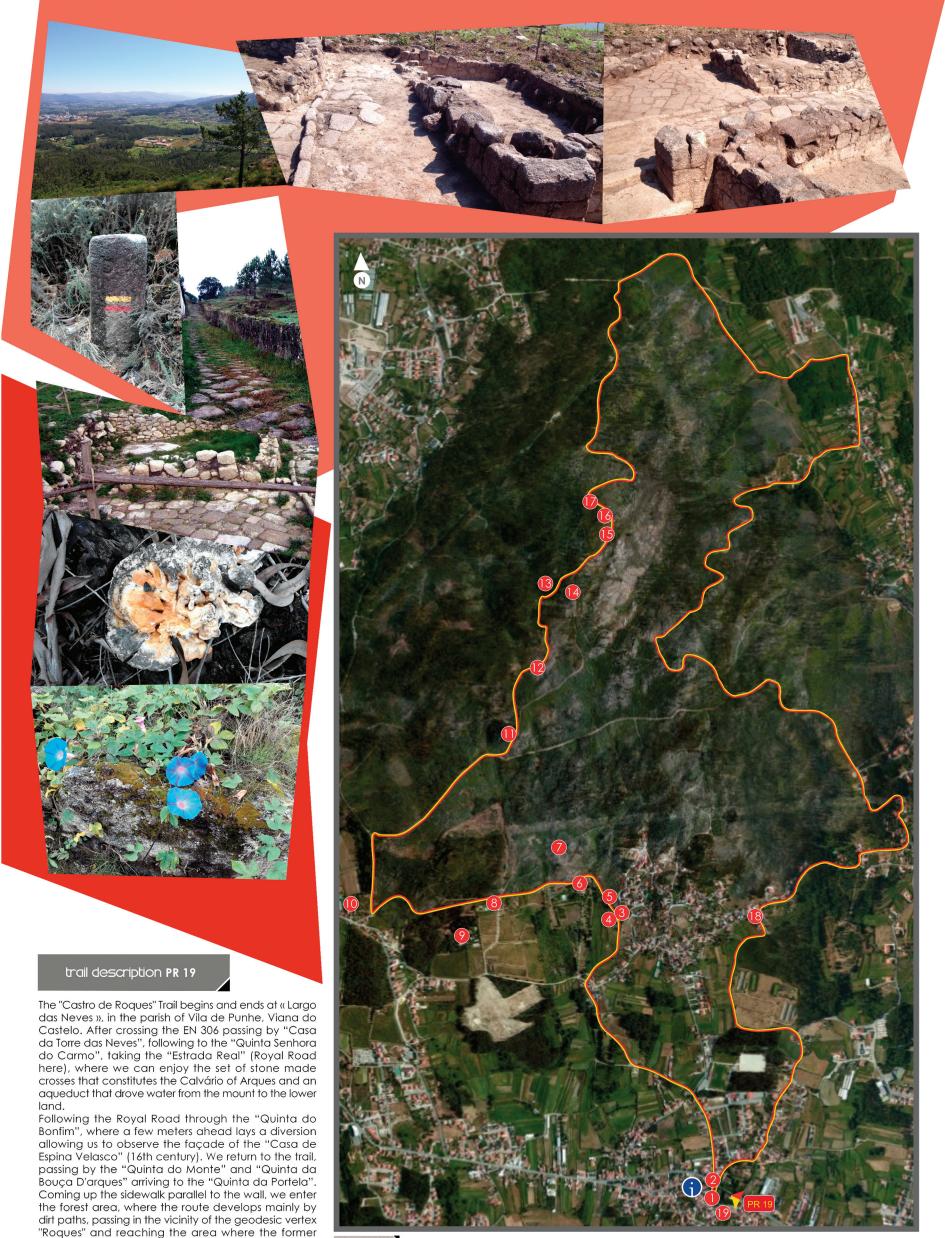
Volunteer Fire Department > 258 800 840

GNR (Portuguese National Guard) > 258 840 470

PSP (City Police Department) > 258 809 880

SOS - Emergency Services > 112

Emergency number for Forest Fires > 117



"Castro" (iron age period). In this area we will come across 3 walls spaced between each other and start

the descent towards the "Castrejo" (fortified village) baths. Throughout the surrounding is present a significant amount of loose stone, much of which belongs to the existing constructions in the "Castro".

Then it will be possible to admire the lovely view, in particular "Deocriste", Portela Susā and Barroselas. Already the Belvedere, near the road, and from the top of the "Pegada" (footprint), a superb view to the sea and the estuary of the river Lima can be enjoyed, passing by Mount Galleon, Santa Luzia Mount, São Silvestre and Santo Ovídio Mount, in Ponte de Lima. Leaving the views behind, we begin the descent, to the mythical "Boca da Serpe".

Down the hill we will enter in the agricultural area, where walls are present in shale and an ancient puddle of consorts. The destination is now the "Lugar do Paço" (site of the Palace), where some paths will be traversed some paths belonging to the parish of Mujães, passing by the "Calvário de Mujães" and continuing in the countryside. Entering the final stretch of the pedestrian with the "Largo das Neves" already quite close around the House and Quinta da Torre das Neves, where practically we can spot the point where the trail started. Already in predominantly urban environment, nice wide, where there is a set consisting of the "Cruzeiro do Senhor da Saude", Capela da Senhora das Neves", "Mesa do Três Abades", where gathered the pastors of the three parishes (Vila de Punhe, Mujães and Barroselas), House and estate of the Arrães. This site can be accessed to rest and gather our forces spent after the rather demanding, but rewarding walk through the Mount of Roques.

