

> **TRAIL NAME**  
PR 29 - São Silvestre Trail

> **PROMOTING ENTITY**  
Parish Council Union of Cardielos/Serreleis, Viana do Castelo City Council

> **TRAIL SYSTEM**  
Average Trail

> **LOCATION**  
Cardielos/Serreleis

> **DISTANCE**  
12.6 Km

> **INITIAL QUOTA**  
41m

> **MAXIMUM QUOTA ARCHIEVED**  
277m

> **MINIMUM QUOTA REACHED**  
0,4m

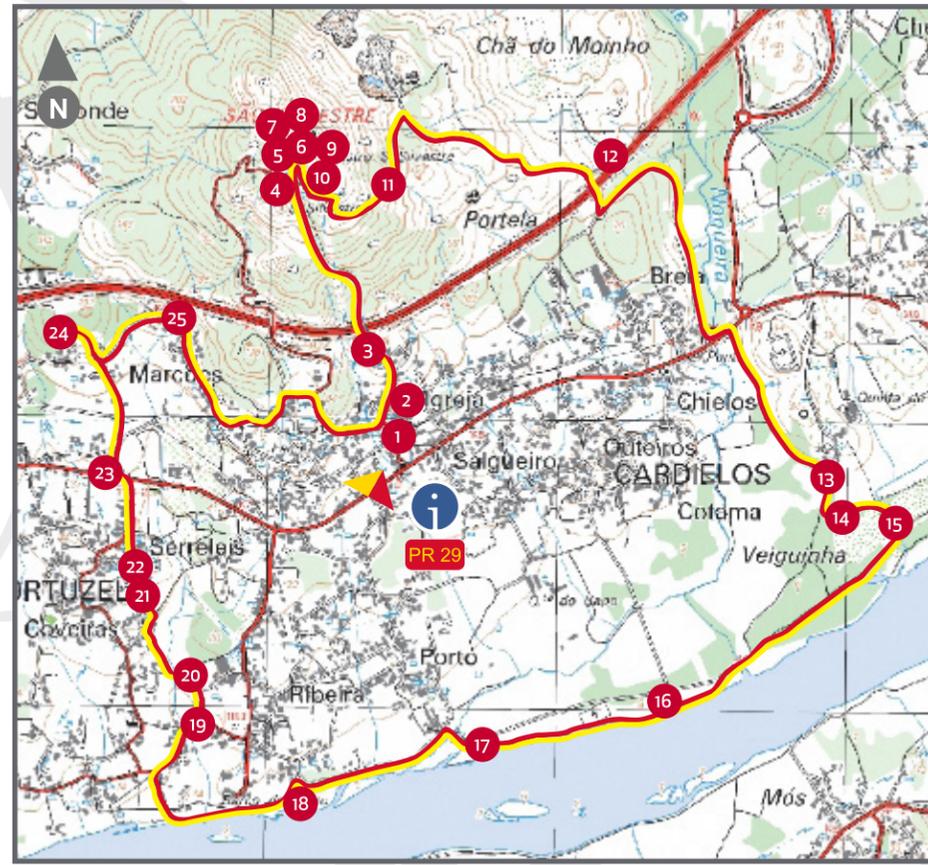
> **DURATION**  
4h00m

> **DEGREE OF DIFFICULTY**  
Easy

> **ROUTE SCOPE**  
Landscape/Ecological/Cultural

> **STARTING POINT/END POINT**  
Parish Church of Cardielos

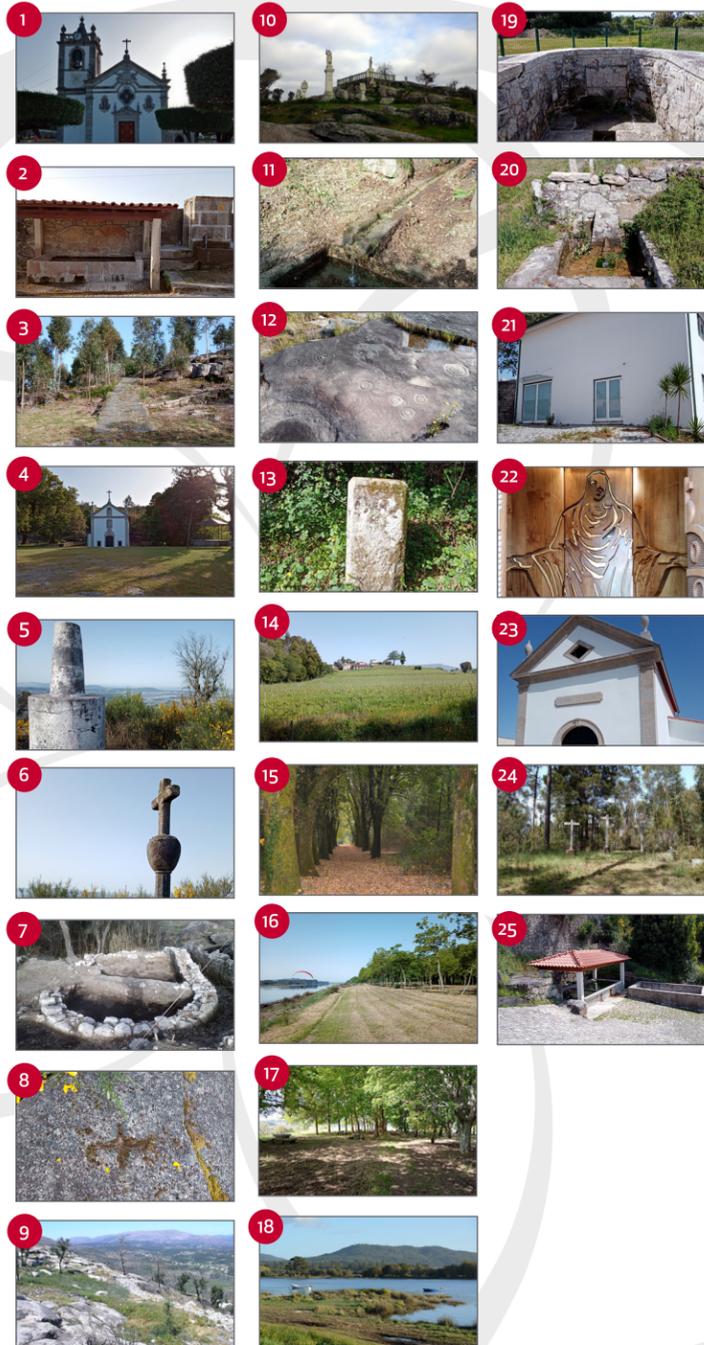
> **LAT./** 41°42' 47.51"N  
> **LONG./** 08°44' 31.10"W



START POINT | END POINT

PR 29

- 1 Parish Church of Cardielos
- 2 Fountain
- 3 Sidewalk of São Silvestre
- 4 Churchyard and Chapel of São Silvestre
- 5 Geodesic Landmark of Picoto
- 6 Cross
- 7 "Castro de São Silvestre"
- 8 Parish Division Mark
- 9 Wall of the "Castro de São Silvestre"
- 10 Viewpoint Square
- 11 "5 Sobreiros" Fountain
- 12 Rock Engravings of Breia
- 13 Parish Division Mark
- 14 "Quinta de Santo Isidoro"
- 15 Avenue
- 16 "Ripícola" Gallery
- 17 Picnic Park
- 18 Barco do Porto dock
- 19 Fountain of Piolho
- 20 Fountain "De Pedreira"
- 21 Museum of Mota Antiga
- 22 Serreleis Parish Church
- 23 Chapel of São Brás
- 24 Calvary
- 25 Novais Tank



são silvestre trail



TRAIL MARK



RESPONSABILITIES

> The recommended walking trails do not exempt their users of those who promote them from taking the responsibility for any possible damage to property or personal injury which may occur when using the trails.

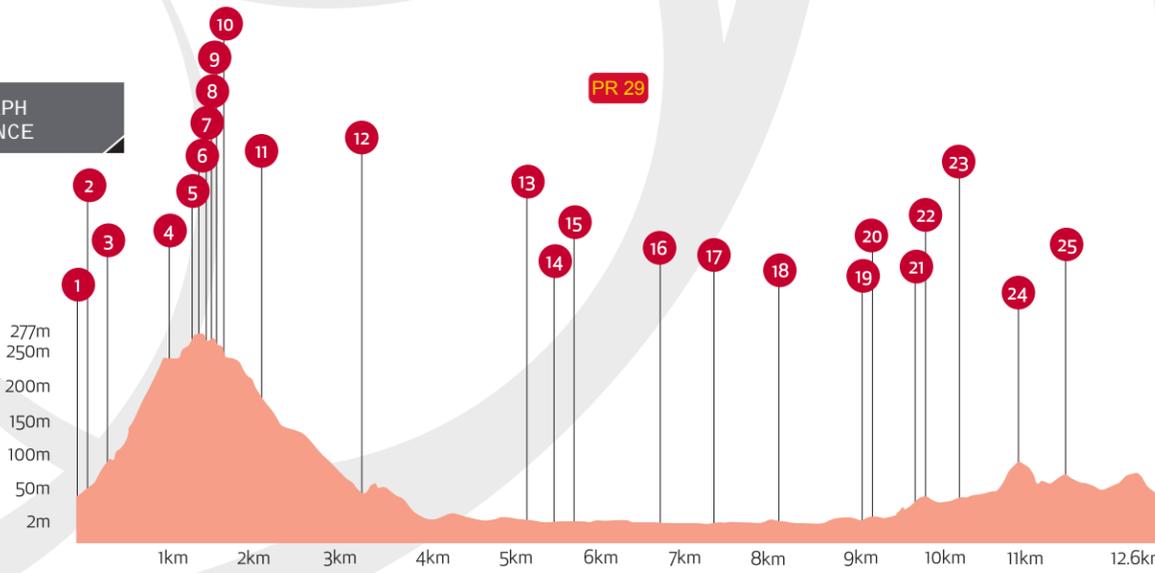
TRAIL RULES

- > Stay on the trail at all times
- > Pay attention and obey trail signs and markings.
- > Avoid making loud noises.
- > Respect private property.
- > Do not litter.
- > Take all litter with you and place in rubbish bins.
- > Be careful with livestock. Do not disturb animals.
- > Preserve nature. Do not pick flowers, collect rocks or catch animals.
- > Avoid walking alone in the mountains.
- > Be careful when foggy.
- > Always use appropriate gear and clothing - hiking boots, a raincoat and a hat.
- > Do not make fire any time.
- > Help preserve the trail.

USEFUL CONTACTS

- > **Viana do Castelo City Council**  
258 809 300
- > **Viana Welcome Centre**  
258 098 415
- > **Hospital**  
258 802 100
- > **Fire Department**  
963 442 205 / 258 840 400
- > **Volunteer Fire Department**  
258 800 840
- > **GNR (Portuguese National Guard)**  
258 840 470
- > **PSP (City Police Department)**  
258 809 880
- > **SOS - Emergency Services | 112**
- > **Emergency Number for Forest Fire | 117**

PROFILE GRAPH HIGHT/DISTANCE



www.cm-viana-castelo.pt



The São Silvestre Trail starts and ends at the Parish Church of Cardielos (this route is partly common to PR 25 – Ribeira Lima Trail).

At the Church take the route Calçada de São Silvestre to climb up the hill till the Churchyard and Chapel of São Silvestre. Follow the path to the Picoto Geodesic Landmark, you can see the Castro de S. Silvestre Wall ruins, until Praça do Miradouro, with the Statues of S. Silvestre and S. Tiago.

Go down the steps and turn left passing by a high-flow spring, Fonte dos Cinco Sobreiros, to which a legend is associated, “Moura Encantada”. Reaching the viaduct over the A27, turn left and you will find the Rock Engravings of Breia and the ruins of a granite windmill.

Returning to the route, after the viaduct over the A27 take left and go along the road that leads to Rua da Forcada, until reaching the Cardielos bridge, next to the roundabout. Cross Estrada Nacional 202 to the south and continue along the road, leading to the Lima River.

Take the path next to Quinta de S. Isidoro and turn right go along a beautiful path, surrounded by plane trees and turn right. Go along Rua Marginal do Rio Lima till the boat dock of Barco do Porto.

This pier was of great importance in the transport of people between both banks of the river. Until the 19th century, a barge was used for the crossing of animal-drawn cars and automobiles.

We continue along the waterfront and turn right at Rua de S. Pedro. (in Largo de S. Pedro, we can see the image of S. Pedro in a gate) turn right and go along Rua da Ribeira. At Fonte do Piolho turn left and turn right at Rua Cão Ferreira. Take Rua do Reguengo and Rua do Monsenhor Joaquim Vilar till the Parish Council building, where the Moto Antiga Museum (Associação Velhas Bielias de Viana) is located.



Passing by the Parish Church of Serreleis go along Avenida da Igreja until Estrada Nacional 202.

Cross the road to Rua de Marcões and turn left at Rua do Calvário, go along and turn left to Rua do Monte till you find the stairs (on your right) to Monte Calvário.

After visiting Calvário, turn left to Rua do Monte following to Rua Fonte de Novais and Tanque de Novais, go down the street till you find Rua de S. Silvestre on your left. Go up the street, take Travessa da Terronha on your right and again at Rua de S. Silvestre go down till the Parish Church of Cardielos, where this route ends.

